Routines and Activities Planner

How to use this document

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| --- | --- |
| **Communication partners/ device users** | List your daily routines and activities.Select times in your day when you can use the device for communication.Be guided by your speech-language pathologist when considering the answers in the breakdowns. |
| **Clinician** | Complete the breakdown section with the AAC communicator and their communication partners. Use each section to discuss and teach communication skills and strategies for support. |

Daily routines and activities

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| --- | --- |
| **Time** | **Activity** |
| 7:00am | Wakes up and gets dressed for the day with full assistance, tasks broken into single steps. |
| 7:30am | Eat breakfast at the table with family. |
| 8:00am | Puts bowl in sink and goes to watch cartoons on TV. |
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Breakdown

Pick 3 times in your day where you can use the device in communication. Choose communication opportunities that you feel would:

* Make a big difference to the device user and family/support network’s life, and/or be highly engaging and motivating, AND
* Be a time when you have more than 5 minutes to dedicate to using the device.

Example

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| --- | --- | --- | --- |
| **Activity** | Snack after school following a break | **Time** | 4.00pm |
| **Current communication** | \_\_\_\_ will sometimes say "toh” for ‘toast' when they want more toast to eat. \_\_\_\_ will scream when they are finished and upturn items in the kitchen. |
| **Independence in the activity** | \_\_\_\_ can independently eat food but needs full assistance to prepare and bring food. |
| **Current social Interactions** | \_\_\_\_ may look to us when they like the food. \_\_\_\_ sees their brother and parents talking. \_\_\_\_ shows interest when their brother talks to them. |
| **Action:** List in order, the communicative actions that occur in this activity (smiles, yells, pulls arm).* Yells and upturns items
* Says “toh”
* Pulls at locked cupboard
* Smiles at parents
 | **Meaning**: What do you think these actions are communicating? (I’m finished, belly hurts, I want more)* I’m hungry + sensory
* Toast, eat
* Want something else
* I like this food/ I’m full/ I’m happy
 |
| **Words that could be modelled** |
| I, want, toast, finished, different, yum |
| **In this routine I want to help the device user to (select option/s)** |
| Protest | Comment | Direct  | **Request**  | Joke | Other: |
| **Prompting to consider using** |
| None | **Expectant Pause** | Verbal | Visual/ Gestural |
| **Communication partner(s) goal:** |
| I will hold the device in front of \_\_\_\_ when I know they want toast and say “I think you want toast” whilst modelling the word “want” on the device. |

Activity 1

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| --- | --- | --- | --- |
| **Activity** |  | **Time** |  |
| **Current communication** |  |
| **Independence in the activity** |  |
| **Current social Interactions** |  |
| **Action:** List in order, the communicative actions that occur in this activity (smiles, yells, pulls arm). | **Meaning**: What do you think these actions are communicating? (I’m finished, belly hurts, I want more) |
| **Words that could be modelled** |
|  |
| **In this routine I want to help the device user to (select option/s)** |
| Protest | Comment | Direct  | Request  | Joke | Other: |
| **Prompting to consider using** |
| None | Expectant Pause | Verbal | Visual/ Gestural |
| **Communication partner(s) goal** |
|  |

Activity 2

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity** |  | **Time** |  |
| **Current communication** |  |
| **Independence in the activity** |  |
| **Current social Interactions** |  |
| **Action:** List in order, the communicative actions that occur in this activity (smiles, yells, pulls arm). | **Meaning**: What do you think these actions are communicating? (I’m finished, belly hurts, I want more) |
| **Words that could be modelled** |
|  |
| **In this routine I want to help the device user to (select option/s)** |
| Protest | Comment | Direct  | Request  | Joke | Other: |
| **Prompting to consider using** |
| None | Expectant Pause | Verbal | Visual/ Gestural |
| **Communication partner(s) goal** |
|  |

Activity 3

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity** |  | **Time** |  |
| **Current communication** |  |
| **Independence in the activity** |  |
| **Current social Interactions** |  |
| **Action:** List in order, the communicative actions that occur in this activity (smiles, yells, pulls arm). | **Meaning**: What do you think these actions are communicating? (I’m finished, belly hurts, I want more) |
| **Words that could be modelled** |
|  |
| **In this routine I want to help the device user to (select option/s)** |
| Protest | Comment | Direct  | Request  | Joke | Other: |
| **Prompting to consider using** |
| None | Expectant Pause | Verbal | Visual/ Gestural |
| **Communication partner(s) goal** |
|  |